

September 2018

**South Elementary School
Home of the Lil' Braves**

Mon	Tue	Wed	Thu	Fri
Aug. 27 Corn Dog Baked French Fries Choice of Fruit Chex Mix Low Fat / Fat Free Milk	Aug. 28 Hard Shell Beef Tacos Refried Beans Choice of Fruit Rice Krispie Cookie Low Fat / Fat Free Milk	Aug. 29 Pork Fritter on Bun Mashed Potatoes Seasoned Green Beans Banana Low Fat / Fat Free Milk	Aug. 30 Cheese Pizza Mixed Garden Salad Carrot Sticks Fruit Cup Low Fat / Fat Free Milk	Aug. 31 Chicken Patty on Bun Baked French Fries Diced Pears Goldfish Cookie Low Fat / Fat Free Milk
3 LABOR DAY NO SCHOOL	4 Cheeseburger on Bun Baked French Fries Seasoned Corn Raisins Low Fat / Fat Free Milk	5 Ham & Cheese on Bun Corn Chips Seasoned Corn Apple Crisp Low Fat / Fat Free Milk	6 Spaghetti & Meat Sauce Mixed Garden Salad Pineapple Tidbits Breadstick Low Fat / Fat Free Milk	7 Stuffed Cheese Pizza Choice of Vegetable Choice of Fruit Oatmeal Cookie Low Fat / Fat Free Milk
10 Ravioli & Cheese Stick Mixed Garden Salad Pineapple Tidbits Breadstick Low Fat / Fat Free Milk	11 Hot Dog on Bun Corn Chips Pork and Beans Applesauce Low Fat / Fat Free Milk	12 Pancakes & Sausage Tri Tator 100% Fruit Juice Banana Low Fat / Fat Free Milk	13 BBQ Pork Sandwich Mashed Potatoes Seasoned Green Beans Choice of Fruit Cup Low Fat / Fat Free Milk	14 Chicken Nuggets Sweet Potato Fries Choice of Fruit Cup Gold Fish Cookie Low Fat / Fat Free Milk
17 Corn Dog Baked French Fries Celery Sticks Mandarin Oranges Low Fat / Fat Free Milk	18 Soft Shell Beef Tacos Cheese, Lettuce, Tomatoes, Refried Beans Choice of Fruit Cup Rice Krispie Treat Low Fat / Fat Free Milk	19 Pork Fritter on Bun Potato Wedges Choice of Vegetable Choice of Fruit Low Fat / Fat Free Milk	20 Turkey & Gravy Mashed Potatoes Seasoned Peas Grapes Hot Roll Low Fat / Fat Free Milk	21 Sausage Pizza Mixed Garden Salad Broccoli & Dip Choice of Fruit Cup Low Fat / Fat Free Milk
24 Chicken Fajita Wrap Carrot Sticks & Dip Sun Chips Grapes Low Fat / Fat Free Milk	25 Cheeseburger on Bun Baked French Fries Apple Slices Vanilla Yogurt Low Fat / Fat Free Milk	26 Italian Dunkers Marinara Sauce Seasoned Corn Mandarin Oranges Low Fat / Fat Free Milk	27 Chicken Alfredo Seasoned Green Beans Diced Peaches Breadstick Low Fat / Fat Free Milk	28 Fish Sticks Macaroni & Cheese Pork & Beans Choice of Fruit Low Fat / Fat Free Milk

Breakfast Menu.

Monday

Waffles with syrup or
French Toast Sticks

Tuesday

Biscuits & Gravy

Wednesday

Breakfast on a Stick or
Pancakes and Sausage

Thursday

Breakfast Pizza

Friday

Bacon, Egg Biscuit or
Oatmeal & Toast

Additional breakfast choices:
Assorted Cold Cereals, Pop Tart and
Yogurt or Muffins and Yogurt

Daily Prices

Paid Breakfast \$1.00
 Red. Breakfast .30¢
 Adult Breakfast \$1.25
 Paid Lunch \$2.40
 Red. Lunch .40¢
 Adult Lunch \$2.60

Monthly Prices

Paid Breakfast \$19.00
 Red. Breakfast \$5.70
 Adult Breakfast \$23.75
 Paid Lunch \$45.60
 Red. Lunch \$7.60
 Adult Lunch \$49.40

- Low Fat/Fat Free Milk served with meals
- Choice of Vegetables: Broccoli, Carrot Sticks, Celery, Cherry Tomatoes, Cauliflower.
- Choice of Fruit: Apples, Oranges, Bananas, Pears, Peaches, Grapes, Raisins, and Pineapple.