

October 2018

**South Elementary School  
Home of the Little Braves**

**Breakfast Menu**

**Breakfast includes:  
Entrée, juice or fruit cup and milk.**

**Monday**  
Waffles with syrup or  
Pancakes with syrup

**Tuesday**  
Biscuits & Gravy

**Wednesday**  
Breakfast on a Stick

**Thursday**  
Breakfast Pizza

**Friday**  
Bacon, Egg Biscuit or  
Oatmeal & Toast

**Additional breakfast entrée choices:  
Assorted Cold Cereals, Pop Tart and  
Yogurt or Muffins and Yogurt**

<b>Daily Prices</b>	<b>Monthly Prices</b>
Paid Breakfast \$1.00	Paid Breakfast \$20.00
Red. Breakfast .30¢	Red. Breakfast \$6.00
Adult Breakfast \$1.25	Adult Breakfast \$25.00
Paid Lunch \$2.40	Paid Lunch \$48.00
Red. Lunch .40 ¢	Red. Lunch \$8.00
Adult Lunch \$2.60	Adult Lunch \$52.00

Menus are subject to change.

- Low Fat/Fat Free Milk served with meals
- Choice of Vegetables: Broccoli, Carrot Sticks, Celery, Cherry Tomatoes, Cauliflower.
- Choice of Fruit: Apples, Oranges, Bananas, Pears, Peaches, Grapes, Raisins, and Pineapple.

Mon	Tue	Wed	Thu	Fri
<b>1</b> Cheese Pizza Seasoned Peas Apple Slices Vanilla Yogurt Low Fat /Fat Free Milk	<b>2</b> Spaghetti & Meat Sauce Mixed Garden Salad Pineapple Tidbits Bread Sticks Low Fat / Fat Free Milk	<b>3</b> Chicken Patty on Bun Baked French Fries Seasoned Corn Chilled Mixed Fruit Low Fat/ Fat Free Milk	<b>4</b> <b>No School Teacher's Institute</b>	<b>5</b> <b>No School</b>
<b>8</b> <b>Columbus Day</b>  <b>No School</b>	<b>9</b> Turkey and Cheese Sandwich Corn Chips Choice of Vegetables Chilled Peaches Low Fat / Fat Free Milk	<b>10</b> Hot Pork Sandwich Mashed Potatoes Seasoned Green Beans Chilled Fruit Cup Low Fat /Fat Free Milk	<b>11</b> Italian Dunkers Marinara Sauce Mixed Garden Salad Grapes Low Fat /Fat Free Milk.	<b>12</b> Baked Ham Sweet Potatoes Seasoned Peas Chilled Pears Low Fat /Fat Free Milk
<b>15</b> Hot Dog on Bun Potato Wedges Mixed Fruit Ice Cream Cup Low Fat /Fat Free Milk	<b>16</b> Chicken & Noodles Mashed Potatoes Seasoned Green Beans Fruit Cup Low Fat /Fat Free Milk	<b>17</b> Biscuit & Gravy Tri Tator 100% Assorted Juice Banana Low Fat /Fat Free Milk	<b>18</b> Beef Nacho Supreme Salsa Mexican Corn Mandarin Oranges Low Fat /Fat Free Milk	<b>19</b> Chicken Nuggets Oven Baked Fries Pork and Beans Yogurt Low Fat /Fat Free Milk
<b>22</b> Walking Tacos Salsa Seasoned Corn Rosey Applesauce Low Fat /Fat Free Milk	<b>23</b> Ham /Cheese on Bun Mixed Garden Salad Pretzels Banana Low Fat /Fat Free Milk	<b>24</b> Chili & Crackers PB & J Sandwich Carrot Sticks Fruit Cup Low Fat /Fat Free Milk	<b>25</b> BBQ Pork on Bun Oven Baked Fries Chilled Pears Cookie Low Fat /Fat Free Milk	<b>26</b> Little Smokies / Bread Mashed Potatoes Seasoned Green Beans Fruit Cup Low Fat /Fat Free Milk
<b>29</b> Hamburger on Bun Lettuce & Pickle & Tomatoes Baked Beans Chilled Peaches Low Fat /Fat Free Milk	<b>30</b> Sausage Pizza Broccoli Floret's & Dip Mixed Fruit Teddy Grahams Low Fat / Fat Free Milk	<b>31</b> Corn Dog Baked French Fries Seasoned Corn Apple Slices & Caramel Low Fat /Fat Free Milk		