

October 2017

**South Elementary School
Home of the Little Braves**

Breakfast Menu

**Breakfast includes:
Entrée, juice or fruit cup and milk.**

Monday
Waffles with syrup or
Pancakes with syrup

Tuesday
Biscuits & Gravy

Wednesday
Breakfast on a Stick

Thursday
Breakfast Pizza

Friday
Bacon, Egg Biscuit or
Oatmeal & Toast

**Additional breakfast entrée choices:
Assorted Cold Cereals, Pop Tart and
Yogurt or Muffins and Yogurt**

Daily Prices

Paid Breakfast \$1.00
Red. Breakfast .30¢
Adult Breakfast \$1.25
Paid Lunch \$2.40
Red. Lunch .40¢
Adult Lunch \$2.60

Monthly Prices

Paid Breakfast \$19.00
Red. Breakfast \$5.70
Adult Breakfast \$23.75
Paid Lunch \$45.60
Red. Lunch \$7.60
Adult Lunch \$49.40

Menus are subject to change.

- Low Fat/Fat Free Milk served with meals
- Choice of Vegetables: Broccoli, Carrot Sticks, Celery, Cherry Tomatoes, Cauliflower.
- Choice of Fruit: Apples, Oranges, Bananas, Pears, Peaches, Grapes, Raisins, and Pineapple.

Mon	Tue	Wed	Thu	Fri
2 Cheese Pizza Seasoned Peas Apple Slices Vanilla Yogurt Low Fat /Fat Free Milk	3 Spaghetti & Meat Sauce Mixed Garden Salad Pineapple Tidbits Bread Sticks Low Fat / Fat Free Milk	4 Chicken Patty on Bun Baked French Fries Seasoned Corn Chilled Mixed Fruit Low Fat/ Fat Free Milk	5 No School Teacher's Institute	6 No School
9 Columbus Day	10 Turkey and Cheese Sandwich Corn Chips Choice of Vegetables Chilled Peaches Low Fat / Fat Free Milk	11 Hot Pork Sandwich Mashed Potatoes Seasoned Green Beans Chilled Fruit Cup Low Fat /Fat Free Milk	12 Italian Dunkers Marinara Sauce Mixed Garden Salad Grapes Low Fat /Fat Free Milk	13 Baked Ham Sweet Potatoes Seasoned Peas Chilled Pears Low Fat /Fat Free Milk
16 Hot Dog on Bun Potato Wedges Mixed Fruit Ice Cream Cup Low Fat /Fat Free Milk	17 Chicken & Noodles Mashed Potatoes Seasoned Green Beans Fruit Cup Low Fat /Fat Free Milk	18 Biscuit & Gravy Tri Tator 100% Assorted Juice Banana Low Fat /Fat Free Milk	19 Beef Nacho Supreme Salsa Mexican Corn Mandarin Oranges Low Fat /Fat Free Milk	20 Chicken Nuggets Oven Baked Fries Pork and Beans Yogurt Low Fat /Fat Free Milk
23 Walking Tacos Salsa Seasoned Corn Rosey Applesauce Low Fat /Fat Free Milk	24 Ham /Cheese on Bun Mixed Garden Salad Pretzels Banana Low Fat /Fat Free Milk	25 Chili & Crackers PB & J Sandwich Carrot Sticks Fruit Cup Low Fat /Fat Free Milk	26 BBQ Pork on Bun Oven Baked Fries Carrot Sticks Cookie Low Fat /Fat Free Milk	27 Little Smokies / Bread Mashed Potatoes Seasoned Green Beans Fruit Cup Low Fat /Fat Free Milk
30 Hamburger on Bun Lettuce & Pickle & Tomatoes Baked Beans Chilled Peaches Low Fat /Fat Free Milk	31 Corn Dog Baked French Fries Seasoned Corn Apple Slices & Caramel Low Fat /Fat Free Milk			